

# The Brookwood Community Volunteers Association

## February – March 2010 Newsletter



### The Brookwood Scoop

- Feb. 24-Agonize or Organize – 10:30a.m. Brookwood Café
- Bring friends out to enjoy the new updated café kitchen. Café expansion will include a Welcome Center for Brookwood.
- March 11 –Creative Garden Containers Seminar -10:30
- March 18-9:30-Tour Guide Training – Call Donna White
- March 25-10:00-Easter Brunch cooking Demonstration-Laura Day McGuire
- March 27-9:00-Breakfast & Photos with The Easter Bunny – delicious eggs benedict
- Visit [www.brookwoodcommunity.org](http://www.brookwoodcommunity.org) for a complete listing of Café and retail dates.
- The resident homes will be participating in the rodeo activities.
- Remember if you are providing sweets for the citizens; please check with Tina Young for the restricted diets.
- Be at the March Volunteer Meeting to hear Carol Whitmore's explanation of EBT=Experiential Behavioral Therapeutics: a systematic approach to improving the quality of life for folks with cognitive disabilities. It is very specific because each person is unique in their wants & desires.
- Be present at the Benefit on March 3, we need each of you there.

### Thank You

The January meeting was truly a highlight of this year! Thank you to Cindy Hinton for opening her beautiful home and to Laura Day for a delicious & fun program!

Thanks goes to Stephanie Tucker and the nominating committee for the hard work selecting the 2010 slate of officers. Voting will take place at the Monday, Mar. 8 meeting. Please plan to attend.

Tickets are still available for the Brookwood Benefit on March 3. Please support the Brookwoodians by attending this luncheon to hear Bob McNair. Call Joe Mazzu for more information!!!!

### Executive Officers 2010-2011

President – Dale McTaggart  
President Elect – Molly McBirney  
First Vice President –Volunteers-Belinda Jones  
Second Vice President - Ways & Means–on hold  
Third Vice President –Ways & Means-on hold  
Fourth Vice President-Membership-Ralph McTaggart  
Secretary-Leesa Williams  
Treasurer - Gloria Hogue  
Advisor & By-Laws – Susan McClung  
Brookwood Liason - VivianShudde,Karin Beard  
Ambassador Program - Lori Schulze  
Hospitality - Mary Woodling, Ruth Phillips  
May Luncheon - Mary Emerson  
Nutcracker Market - Stephanie Tucker, Nancy Beasley, Dare O'Donnell  
Open House – Henri Spencer  
Programs - Liz Schulze  
Staff Appreciation - Sherri Kitchell

### List of Events

**THE BROOKWOOD VOLUNTEERS REALLY DO MAKE A DIFFERENCE!** Please consider participating in the many Spring Events:

- Feb. 27 & 28-CyFair Home & Garden Show @ The Berry Center, Cypress
- March 3 – THE BENEFIT @Hilton Americas with Bob McNair
- March 2, 3 & 4 –Chapelwood Spring Thing Market
- March 13-Brookwood MS 150 Bike Ride
- April 30 & May 1-SPRING EXTRAVAGANZA @ Brookwood Campus 9 to 5 each day.
- May 6, 7, 8 Heritage Mother's Day Plant & Gift Sale @Heritage Texas Properties  
May 11 – Volunteer Benefit Luncheon-Brookwood

### Mark Your Calendar!

**Monday, March 8**  
Board Meeting 9:00  
General Meeting 10:30

**"Measuring Happy – the EBT Process at Brookwood"**  
By Carol Whitmore  
Assistant Director of Citizen & Community Programs

Home of Tita Cavness  
1106 Riverbend Drive  
Houston 77063  
Thank you again for all you do for the Brookwood Community

Susan McClung  
President